## COMMUNITY UPDATE

#### **Division of Community Development Newsletter**

#### In this issue...

- Mexican Springs Project
- Running for a Stronger & Healthier Navajo Nation
- ASC Holding Monthly CSC/ AMS Meetings
- DCD Holds Annual Staff Appreciation Picnic
- Roofing Replacement for Tuba City Family
- Bulletin Board
- Navajo Nation Census Information Center News
- Personnel News
- Google G-Suite Training
- Navajo Nation, NAU Researchers Study Implementation of 'Unhealthy Food' Tax

#### Did You Know...

The Navajo Name for July is Ya'iishjáástsoh or Planting of Late Crops.

#### **Upcoming Events**

July 27: Chapter website training

**July 28:** DCD Annual Staff Appreciation Picnic

August 9: Local Rural

Addressing Committee (LRAC)
Training

...aii.iii.ig

August 14: Navajo Code

Talker Day



### DCD Begins Working on Foundation for Community Project in Mexican Springs

Beginning on Friday, June 30, 2017, members of the DCD team led by Executive Director, Carl Smith, have been working on a whole house construction in Mexican Springs for a family whose house burned down. This is the most ambitious project undertaken by the team so far because it involves the entire process starting with building the foundation.

On the first few days, the team worked with the Mexican Springs Chapter staff using the chapter's heavy equipment to dig the trenches for the footing and foundations. While the digging operations were going

Division of Community Development • P.O. Box 1904, Window Rock, AZ 86515 • (928) 871-7182 • www.nndcd.org



on, other members of the team began digging holes for a fence to encircle the homesite to protect the building materials. The fencing operations involved setting rigid corner posts and then driving in metal t-posts in between to hold the fencing. The start of the monsoon season helped temper the hot days as clouds would begin forming in the afternoon providing





much needed relief from the heat of the sun. The team worked quickly through these conditions without complaint to get the job done.



Navajo Nation Division of Community Development

Once the trenching was done, it was time for building the forms for the footings. DCD staff from the Community Housing and Infrastructure Department provided the expert guidance to make sure the team built the forms to exact measurements. Once the forms were in place, a cement truck brought in concrete and poured it into the forms. The crew quickly smoothed out the concrete before it set to form a solid base for the cinder blocks.

Once the concrete was set and dry, the team began setting and building up the layers or cinder blocks to form the foundation.





President Russell Begaye came out to the site several times to view the progress of the construction and was pleased with the quality of work that these hard working individuals were putting out. The homeowners are also very pleased with the progress and express their gratitude every time the crew is onsite.

Currently, the DCD team is finishing up the foundation and preparing the anchor bolts and the concrete surface for the next phase, which is the framing of the floor and walls. Look for the conclusion to this project in the next issue!

#### 2017 Running for a Stronger & Healthier Navajo Nation



#### July 12, 2017 - Day 3 "Extra Event" – STAGE 1 - Mariano Lake to Iyanbito (30.4 miles)

From July 10 through July 17, the Navajo Nation Special Diabetes Program and Navajo Nation Vice-President Jonathan Nez put on the 2017 "Running for a Stronger & Healthier Navajo Nation" event. The run across the Navajo Nation began on the eastern side of the Navajo Nation went all around the Navajo Nation until the finishing stretch into Window Rock. DCD employees, Saraphina Curley and Angie Roan, participated in the Stage 2 extra event during the 3rd day of the run. The course was from Mariano Lake to Pinedale over several segments. Ms. Curley reflected on the day's event, "The clouds were out and it was a good morning... It is a good idea they're implementing health because the high rate of diabetes on the Navajo Nation. We seen a lot of people that have the drive to loose weight and live a healthier life. It's also good that the chapter leaders got involved and provided a good example."





Angie Roan also found the event to be beneficial. She remarked, "It was a good event to attend, to maybe participate at least half a day ... We started at 7AM at Mariano Lake, they fed us cereal, rice and raisins, coffee, water, fruits. Each chapter provided refreshments for <u>us</u>. There were about 12 runners that morning. We got to Pinedale at around 8AM; they had refreshments such as water, Gatorade, snack bars and yogurt... From Pinedale we went to Church Rock. We got there around noontime... At Iyanbito where we ended, we got there about 2PM. They fed us baked chicken; and had people that shuttled you back to their cars at Mariano Lake, Iyanbito, or Church Rock, wherever we left our vehicles."

DCD College Intern, Kayla White, also participated in the Stage 4 of the Run. She recounts, "On Saturday July 15, at 8 in the morning we began our run from Tsaile Chapter through the backcountry I only ran 15 miles, which was to the halfway point to Sawmill for that day. An elder community member guided us through the backcountry on horseback, as the Navajo Nation Special Diabetes Project and the Vice President's vehicles met us every 5 miles to provide water and fruits.

Sunday afternoon July 16, I joined the runners at the Fort Defiance Chapter House and we began the run to the Window Rock Fairgrounds, a total of 7 miles. Where we met up with the bicycle riders that left from Burnside that morning, and the horseback riders that left from Red Lake Chapter that morning.

Monday morning July 17, we completed the final 2 miles from the Fairgrounds to the Council Chambers."



Navajo Nation Division of Community Development

### **ASC Holding Monthly CSC/AMS Meetings**



On Tuesday, July 11, 2017, the DCD Administrative Service Center department convened a staff meeting with chapter staff from the Northern and Eastern Navajo agencies. These types of meetings are beneficial to chapter staff because they receive useful information from DCD and other departments of the Navajo Nation.

The DCD team provided information on chapter complaints, the budget, SYETP, accounting issues, and the Department of Emergency Management made a presentation on how to deal with emergency situations at the chapter. The ASC staff are making an effort to continue having these monthly meetings to keep the communication channels open between the chapter staff and the ASC Office.

## DCD Holds Annual Staff Appreciation Picnic



On Friday, July 28, DCD held its annual staff appreciation picnic at McGaffey Lake southeast of Gallup, NM. The weather was great for a picnic and the cool breeze gently blowing through the tall pines was a welcome treat after the long hot summer days.

DCD staff were out early to begin preparing the food. The menu included burgers, hot dogs, steaks, various salads, watermelon, traditional tortillas, and roasted green chilies. There were also a number of activities throughout the day starting with a fishing contest in the morning and







followed by a roping contest, horseshoes, and a volleyball contest. There were also many opportunities for the staff to win door prizes throughout the day.

When the food preparations were done and after some door prizes, Executive Director Carl Smith had Mr. Leonard Hardy, Electrical Inspector, do a prayer for the food. Mr. Smith then had everyone get in line to get their food. While people were eating their lunch, Mr. Smith made some remarks to express his appreciation for the Division staff. Navajo Nation President Russell Begaye also made an appearance during lunch and spoke words of encouragement and thanks to the staff of DCD for the great work that everyone does. The picnic was a success. The weather was great and everyone had fun.

Thanks to CPMD, Kayla White, DCD College Intern, and everyone that helped to make this year's picnic happen!

#### **Roofing Replacement for Tuba City Family**



On Tuesday, June 27, DCD Executive Director Carl Smith led the DCD project team to Tuba Clty to repair the badly deteriorated roof of a local Tuba Clty family. The team spent the day applying new roofing shingles for the residence. Working with roofing in the hot sun is hard work so much respect to the DCD crew for their perseverance. All the hard work pays off when you see the joy and gratefulness on the faces of the home owners.

This was a team effort since there were other teams from church groups and volunteers who helped out with the other parts of the house. This project is one of the Navajo Nation President's community initiatives to repair homes for elderly residents, families in need, or veterans. The Office of the President and Vice-President is always looking for people to help out with these projects. DCD has been a constant participant in these projects over the past year, but it's always good to have additional volunteers helping out.



#### RDC VOTES DOWN REMOVAL LEGISLATION FOR DCD EXECUTIVE DIRECTOR

On Tuesday, July 25, 2017, the Resource and Development Committee met at Twin Arrows Casino. On the agenda was a proposed legislation to recommend removal of the DCD Executive Director, Carl Smith. This was prompted by two earlier agency council resolutions asking for Mr. Smith's removal. After all was said and done, the RDC Committee voted not to recommend removal. Mr. Smith wants to restore accountability at the chapter level and the RDC Committee appears to support him in that effort.

### REQUEST FOR NEWS ITEMS FROM CHAPTERS

DCD publishes its newsletter on a monthly basis. We are always looking for newsworthy stories about what is happening at the community-level. Please send information and pictures for interesting events, programs, projects, and other things that the chapter staff and officials are helping with in your communities so we can include those stories in the newsletter.

Send the information and pictures to <a href="mailto:info@nndcd.org">info@nndcd.org</a>

### Navajo Nation Census Information Center News

#### 2020 Census Local Update of Census Addresses Operation to Begin

JUNE 29, 2017 — Starting in July, governments around the country will start the process of ensuring the accuracy of their address lists through the 2020 Census Local Update of Census Addresses operation. LUCA is a voluntary, once-a-decade opportunity for governments to add, correct or delete addresses on the lists and maps used to conduct the decennial census. An accurate and complete census helps governments plan for future infrastructure, program and service needs.

On July 14, the U.S. Census Bureau will begin mailing invitation letters and registration forms to approximately 39,000 tribal, state and local governments across the nation to encourage them to participate in <u>LUCA</u>. This operation is the only opportunity governments have to review and improve the Census Bureau's residential address list before the 2020 Census.

The Census Bureau relies on a complete and accurate address list to reach every living quarter and associated population for inclusion in the <u>2020 Census</u>. Participation in LUCA helps ensure an accurate decennial census count in communities across the nation.

#### **LUCA Participation**

All LUCA participants receive:

- A complete census address list for their jurisdiction to review and update.
- A list that contains the Census Bureau's count of residential addresses for each census block within their government for reference.
- Census Bureau maps.

Promotional workshops are underway, and starting in October, training workshops will offer "hands-on" experience using the LUCA materials. Self-training aids and webinars will also be available through the <u>LUCA website</u>. Beginning in February 2018, registered participants will receive materials to review the Census Bureau's address list for their jurisdiction, and they will have 120 days to return their updates to the Census Bureau.

Other LUCA milestones and information can be found in the 2020 Census detailed <u>LUCA Information Guide</u>.

#### Road to the 2020 Census

The goal of the 2020 Census is to count everyone once, only once, and in the right place. The Census Bureau is using expert resources and experience in and out of the government to make the 2020 Census a success. As census operations and testing move forward, the Census Bureau will continue to improve its innovations using mobile and geospatial technology, administrative records and self-response via the internet.

Source: https://www.census.gov/newsroom/press-releases/2017/cb17-109-luca.html



#### **PERSONNEL NEWS**

#### **DCD OPEN POSITIONS**

### **Chapter Community Services Coordinators:**

Rough Rock, AZ Lake Valley, NM

## **Chapter Accounts Maintenance Specialists:**

Tsaile, AZ

Forest Lake, AZ

Lake Valley, NM

Whitehorse Lake, NM

Alamo, NM

Iyanbito, NM

Jeddito, AZ

Tsayatoh, NM

Red Valley, AZ

Kaibeto, AZ

Navajo Mountain, AZ

Current as of July 31, 2017. Please check the NNDPM website for the latest info. http://www.dpm.navajo-nsn.qov/jobs.html



#### **New Rural Addressing Staff**

DCD welcomes Alfred Lynch, Fillmore Slinkey, David Yazzie, Lorenzo Morgan-Long, Roger James, and Arlynda Bahe to the Rural Addressing team. The six new temporary staff will be helping with the Rural Addressing efforts and OPVP Community Projects underway at several chapters.

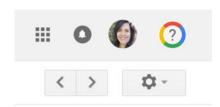
#### **Angeline Roan Retires**

Ms. Angeline (Angie) Roan, Senior Office Specialist for the Capital Projects Management Department, retired after many years of service to the Navajo Nation. She also previously worked for the Solid Waste Management Program.

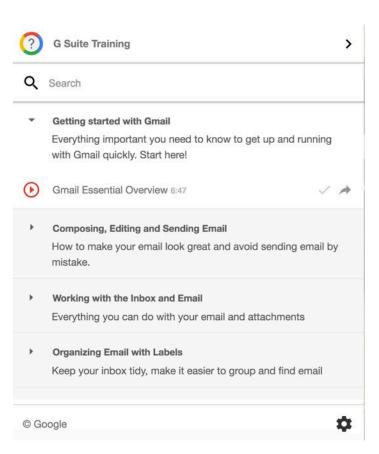
Thanks for all you have done for DCD, Angie, and we wish you the best in your future endeavors!

### **Google G Suite Training**

Interactive training and walkthroughs, right within G Suite G Suite Training is a Chrome extension that offers simple and interactive training lessons to get you up and running fast with G Suite (formerly Google Apps).



- Rich, interactive training Whether you're in Gmail, Calendar, Sheets, Slides, or Docs, you can learn and take actions, all at the same time.
- In-App experience Training is accessible directly within G Suite, so you don't need to leave the application to learn how to use it.

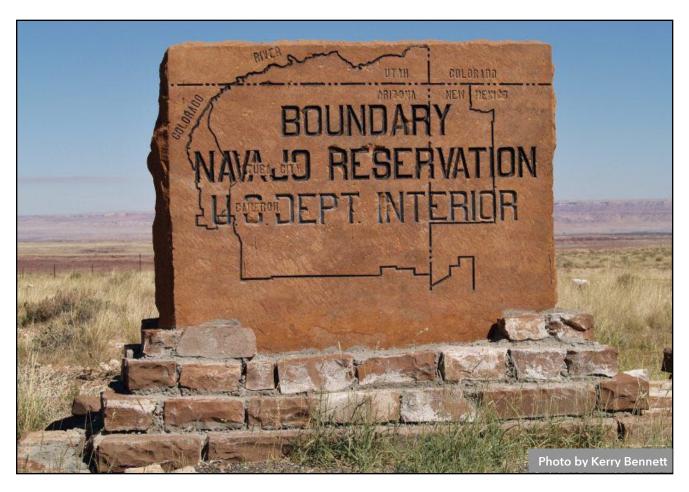


- Available to all Whether it's to master Google Classroom, or the G Suite Admin Console, G Suite Training is free for your entire organization.
- Learn more at <a href="https://support.google.com/a/answer/7039472">https://support.google.com/a/answer/7039472</a>.

After adding to Chrome, refresh your Gmail, Calendar, Drive, Docs, Sheets, Slides, Sites, Forms, Google+, Classroom, and Admin Console tabs to access the training menu.

# NAVAJO NATION, NAU RESEARCHERS STUDY IMPLEMENTATION OF GROUNDBREAKING 'UNHEALTHY FOOD' TAX

July 24, 2017 By Kerry Bennett Office of the Vice President for Research, NAU



High rates of overweight and obesity—as well as related diseases such as Type 2 diabetes—are serious public health concerns for the Navajo Nation. With more than 300,000 enrolled members in 110 chapters spread across 27,000 square miles in northeastern Arizona, New Mexico and Utah, it is one of the largest American Indian tribes in the U.S. The Indian Health Service estimates that 25,000 members of the Navajo have Type 2 diabetes and 75,000 are pre-diabetic.

To combat these problems, which health experts associate with overconsumption of soda, fat and processed foods and inadequate physical activity, Navajo Nation president Ben Shelly signed the Healthy Diné Nation Act (HDNA) into law in 2014, mandating a 2 percent tax on "unhealthy foods" purchased in the Navajo Nation.

The HDNA was designed to help change health behaviors by discouraging tribal members from purchasing high-fat and high-sugar food items with little or no nutritional value, including sweetened beverages, chips, candy, frozen desserts, pastries and fried foods. The law also was designed to promote the consumption of

fresh produce and increased physical activity. It mandates that revenues generated by the sales tax be set aside for projects that improve community wellness, such as vegetable gardens, farmers markets, exercise equipment, health classes and walking trails.

Navajo Nation officials Del Yazzie, director of the Navajo Epidemiology Center (NEC), and Shirleen Jumbo-Rintila, legislative associate for the Navajo Division of Community Development (DCD), are working in a collaboration with faculty members of NAU's Department of Health Sciences—professor Tim Behrens, associate professor Dirk de Heer and associate professor Priscilla Sanderson, who is director of NAU's Center for American Indian Resilience—to study the implementation of the tax.

"Our understanding of the factors related to implementation of taxes such as these are crucial to developing policies that work," Behrens said.

Although several cities have enacted sales taxes on soda and other sweetened beverages, including Philadelphia, Chicago, Seattle and Berkeley, the HDNA tax is the first of its kind, making the Navajo Nation a leader in this area of public health policy. Officials from other tribes, as well as from state and municipal governments throughout the United States, are waiting to see the outcomes of the legislation. Because of the intense scrutiny, the researchers note that findings from the study have a substantial potential to inform public health policy nationwide.

"The HDNA is the first of its kind, so the Navajo Nation will have the opportunity to share its recommendations for improving health with other tribes."

"The Centers for Disease Control and Prevention are watching the Navajo Nation to see our results," Jumbo-Rintala said. "We've become an icon for public health."

The one-year study is funded through a \$225,000 grant from the Robert Wood Johnson Foundation (RWJF).\* During the first phase of the project, the team will gather data related to the tax to better understand how the funds have been collected and distributed to chapters in the Navajo Nation. The team also will seek to understand how the revenue collected has been invested. For example, leaders from several chapters have already used tax revenues to build gardens and purchase exercise equipment for their chapters.

Finally, researchers will work with community partners in an attempt to understand changes in attitudes surrounding the tax since its implementation. The team will present its findings to Navajo Nation leadership and share the study with other tribes, RWJF, the CDC and other public health agencies.

"One of the unique things we're trying to do with this study is understand the factors that make an initiative like this a success," Behrens said. "The HDNA is the first of its kind, so the Navajo Nation will have the opportunity to share its recommendations for improving health with other tribes.

"NAU is very proud to be supporting this project with our technical expertise as the Navajo Nation takes the lead in improving health."

"I'm excited about this project," said Sanderson, who is a member of the Navajo Nation. "I'm really proud of our tribal council for getting engaged in reducing the rate of obesity and Type 2 diabetes, which has become an epidemic among the Navajo people. I'm so happy that Del and Shirleen are involved in this project as our tribal leaders."

\*Support for this research project was provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the Foundation.

Link to original article: <a href="http://news.nau.edu/unhealthy-food-tax/">http://news.nau.edu/unhealthy-food-tax/</a>

### Local Governance Certified Chapters

	75	CARGO CAN DE	Chapter	10 WARRING WAY 1427 T	
Chapter	Agency	LGA Cert. Date	Chapter	Agency	LGA Cert. Date
1 Nahata Dziil	Ft. Defiance	8/16/02	1 Newcomb	Northern	6/18/04
2 Steamboat	Ft. Defiance	5/30/03	2 San Juan	Northern	3/7/0
3 Cornfields	Ft. Defiance	7/14/10	3 Tse'Daa'Kaan	Northern	6/21/0
4 Naschitti	Ft. Defiance	11/22/10	4 Sheepsprings	Northern	8/24/0
5 Lupton	Ft. Defiance	11/24/10	5 Tolikan	Northern	11/29/1
6 Dilkon	Ft. Defiance	12/21/10	6 Toadlena/Two Grey Hills	Northern	1/10/1
7 Greasewood Springs	Ft. Defiance	12/21/10	7 Burnham	Northern	7/11/1:
8 Kinlichee	Ft. Defiance	12/29/10	8 Beclabito	Northern	1/10/13
9 Teesto	Ft. Defiance	7/11/11	9 Mexican Water	Northern	2/7/1
0 Ganado	Ft. Defiance	12/2/14	10 Upper Fruitland	Northern	2/28/12
1 Houck	Ft. Defiance	12/2/14	11 Aneth	Northern	3/31/1
2 Ft. Defiance	Ft. Defiance	1/15/16	12 Cove	Northern	4/5/1
		TOTAL: 12			TOTAL: 12
100		2.2.002			
Chapter	Agency	LGA Cert. Date	(hapter	Agency	LGA Cert. Date
1 Shonto	Western	9/22/99	1 Chinle	Chinle	12/21/10
2 Tuba City	Western	12/27/04	2 Pinon	Chinle	2/21/1
3 Kayenta	Western	8/6/10	3 Whippoorwill Springs	Chinle	12/2/1
4 Bodaway/Gap	Western	12/21/10	4 Nazlini	Chinle	2/17/1
5 Birdsprings	Western	7/11/11			TOTAL: 4
6 Chilchinbeto	Western	7/11/11			
7 Leupp	Western	7/11/11			
8 LeChee	Western	1/31/12	Chapter	Agency	LGA Cert. Date
9 Dennehotso	Western	2/14/12	CONTINUE CON	1000 - 000 - 000	The state of the s
0 Tonalea	Western	12/2/14	1 Littlewater	Eastern	11/15/0
1 Ts'ah Bii' Kin	Western	6/24/16	2 Baahaali	Eastern	12/24/0
		TOTAL 11	3 Whiterock	Eastern	12/21/1
			4 Ojo Encino	Eastern	3/6/1
			5 Baca/Prewitt	Eastern	12/22/1
			6 Casamero Lake	Eastern	4/15/1
TOTA	AL CERTIFICATIO	N: 45			TOTAL: 6

