



# COMMUNITY UPDATE

## Division of Community Development Newsletter

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### Did You Know..

"During wartime the [Navajo] women and men do not wear the Tsiiyéél or hair bun, It symbolizes a time of grief and hard times. The bun was only worn during peacetime & prosperous times. In the old days, men and women that went off to war let their hair hang freely..."

### Events

#### April: T'aachil - Growth of Early Plant Life

March 16-May 17: Limited Navajo Nation Services

#### May: T'aatsoh - Growth of Bigger Leaf Plants

May 1: DCD Staff Meeting @ 11:00 am

May 1-4: 57 hr Navajo Nation Weekend Curfew, beginning on Friday at 8:00 p.m. until Monday at 5:00 a.m.

May 8: Navajo Nation Police Officers Day

May 25: Memorial Day

#### June: Ya'iishyaashchili, which means Planting of Early Crops

Jun 1: Navajo Nation Memorial Day

## Navajo Nation extends closure of government until May 17 to reduce the spread of COVID-19



EXECUTIVE ORDER NO. 003-20

EXTENDING THE DECLARATION OF A STATE OF EMERGENCY DUE TO THE COVID-19 VIRUS ON THE NAVAJO NATION, EXTENDING THE CLOSURE OF NAVAJO NATION GOVERNMENT OFFICES AND RELATED ENTITIES

**WINDOW ROCK, Ariz.** – On Tuesday, Navajo Nation President Jonathan Nez and Vice President Myron Lizer issued Executive Order 003-20, extending the declaration of a state of emergency and extending the closure of Navajo Nation government offices and related entities until May 17, to help slow and reduce the spread of COVID-19 on the Navajo Nation. The previous Executive Order was set to expire on April 26.

"We're not letting our guard down – now is not the time. We're seeing a slight flattening of the curve, but we have to remain vigilant. As the leaders of the Navajo Nation, we are doing everything we can to help save as many lives as possible. Government offices will be closed, but essential personnel will continue their duties and essential government functions will continue," said President Nez.

The written Order states, "All Navajo Nation Divisions, Departments, Programs, Offices, non-governance certified Chapters, Enterprises, and Navajo casinos shall follow the direction of the Public Health Emergency Orders requiring all Navajo citizens to limit their movement which means staying at home and leaving for Essential Activities only; and comply with the curfew hours by staying home between the house of 8:00 p.m. and 5:00 a.m. MDT and complying with weekend or other curfew hours."

"The Centers for Disease Control and Prevention is now warning the public that there could be a second wave of COVID-19 this coming winter, which could be very devastating combined with the regular flu season. So, we need to remain diligent in practicing social distancing and by remaining home as much as possible. Our frontline warriors are out there fighting to protect and heal us, so let's stay home for them," Vice President Lizer stated.

The Navajo Nation's shelter-in-place order remains in effect as well as the daily curfew from 8:00 p.m. to 5:00 a.m. The Navajo Nation will also implement another 57-hour weekend curfew beginning on Friday at 8:00 p.m. until Monday at 5:00 a.m. President Nez and Vice President Lizer encourage everyone to prepare for the weekend curfew to ensure they have enough essential items, but to use caution as they prepare and to only send one family member to purchase items.

For more information including reports, helpful prevention tips, and more resources, please visit the Navajo Department of Health's COVID-19 website at <http://www.ndoh.navajo-nsn.gov/COVID-19>. To contact the main Navajo Health Command Operations Center, please call (928) 871-7014.

READ MORE AT: <https://bit.ly/3clRJKE>



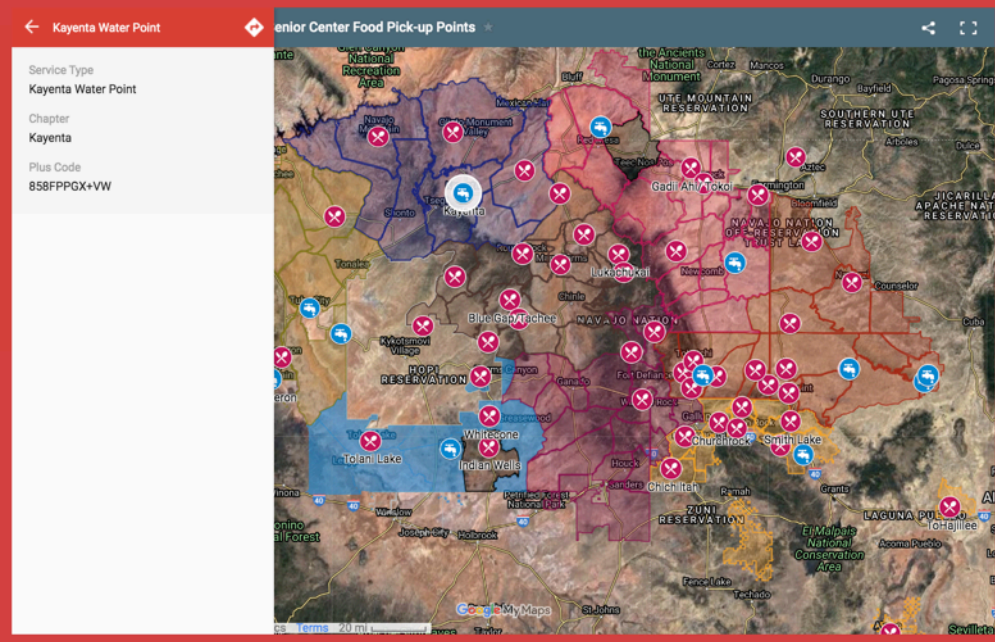
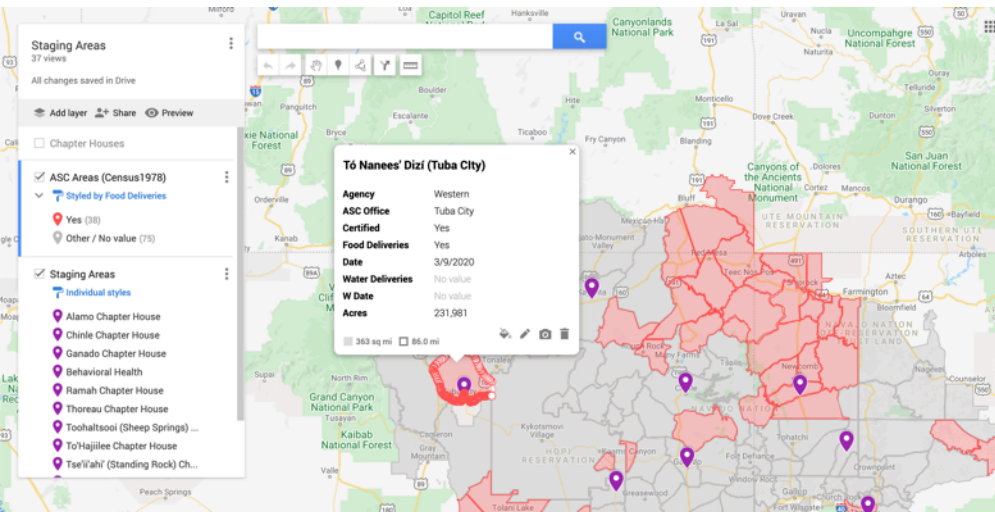
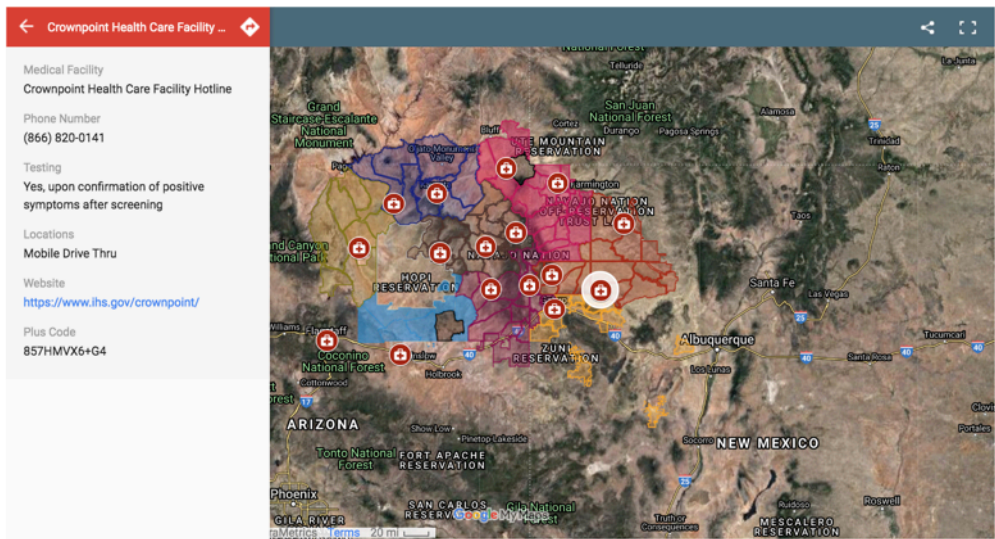
# Local Tech Heroes Develop Interactive Resource Maps

Denise Copeland, CPMD Principal Archaeologist, and Sylvia Jordan, DCD Principal Information Systems Tech, put in a great deal of effort to parse reports and data coming in from Health Command field offices to extract the necessary information to create interactive Google maps showing what resources have been deployed and where.

The maps are available on DCD's COVID-19 Resource Page and is accessible through DCD's main website at <http://www.nndcd.org> or directly at <https://bit.ly/3d3Gb4H>.

The maps can be used on mobile devices to find the locations of medical facilities, watering points, and senior center lunch pick-up sites by clicking the "direction" button which will give turn by turn directions. The google maps were generated through the use of Plus Codes.

The Chapters all have the ability to create their own maps through their [navajochapters.org](http://navajochapters.org) google email accounts.



## Dikos Ntsaaígíí-19 (COVID-19)

Please use the follow links for information:  
 Navajo Department of Health: <http://www.ndoh.navajo-nsn.gov/COVID-19>  
 CDC (Centers for Disease Control and Prevention): <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>  
 Arizona Department of Health Services: <https://azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-home>  
 New Mexico Department of Health: <https://cv.nmhealth.org/>  
 Utah Department of Health: <https://health.utah.gov/>



# Shiprock Alternative Care Site ready to house positive COVID-19 patients

SHIPROCK, N.M. — Navajo Nation President Jonathan Nez and Vice President Myron Lizer signed off on an agreement with the U.S. Army Corps of Engineers on Wednesday, that will allow the Northwest High School gymnasium on the Shiprock Associated Schools, Inc. campus to be used as an Alternative Care Site to isolate positive COVID-19 patients to help prevent the further spread of the virus on the Navajo Nation.



**PHOTO: Navajo Nation President Jonathan Nez and Vice President Myron Lizer at the Alternative Care Site in Shiprock, N.M. on April 29, 2020.**

The U.S. Army Corps of Engineers has spent the last several weeks converting the gymnasium to a 40-bed facility with 14 water stations and medical equipment necessary to house patients with less severe symptoms until it is safe for them to return to their homes without risk of spreading the virus. Other Alternative Care Sites have also been constructed in the communities of Chinle, Ariz. and Gallup N.M. for the same purpose.

“We know there are many families that need to isolate their loved ones to keep their home safe from the virus. It’s unfortunate that we have to construct such a facility and we hope that it doesn’t have to be used to its full capacity, but we also have to be prepared. We are very thankful to the U.S. Army Corps of Engineers, under the leadership of Deputy Commander Robin Scott, for working closely with the Navajo Nation to complete the facility. Through partnerships and collaborations like this, we will overcome and beat COVID-19,” said President Nez.

The U.S. Army Corps of Engineers provided a tour of the facility to the group that included the two leaders, Council Delegate Amber Kanazbah Crotty, Navajo Area IHS Director Roselyn Tso, Shiprock Associated Schools, Inc. President Pete Ken Atcitty, Vice President Nikki Begay, Executive Director Rick Edwards, and others.

“This is great teamwork and we’re very appreciative to everyone who sacrificed time away from their families to come here to the Navajo Nation for a great cause. We hope the virus doesn’t spread any further, but if it does then we want to see this facility be a house of healing and recovery for our Navajo people,” stated Vice President Lizer.

“The COVID-19 pandemic has impacted the educational opportunities provided by Shiprock Associated Schools, Inc. administration and staff for its students, but we also recognize the need for the coordination and steps taken among Navajo Nation leadership, BIA and BIE, and IHS to help address the need for additional healthcare resources in the community during this time,” Shiprock Associated Schools, Inc. President Pete Ken Atcitty stated.

This week, President Nez and Vice President Lizer also signed off on a unified command structure that will help to effectively facilitate the work of all the federal, state, and Navajo Nation partners to fight COVID-19. On Friday, they will host another online town hall on the Nez-Lizer Facebook page at 10:00 a.m. (MDT) to provide COVID-19 updates.

READ MORE AT: <https://www.navajo-nsn.gov/News%20Releases/OPVP/2020/Apr/FOR%20IMMEDIATE%20RELEASE%20-%20Shiprock%20Alternative%20Care%20Site%20ready%20to%20house%20positive%20COVID-19%20patients.pdf>



APRIL 2020

# UCSF Team Lends Hand on Navajo



Navajo Times | Donovan Quintero  
University of California San Francisco health care workers will be volunteering their expertise for a month at hospitals in and around the Navajo Nation, providing urgent healthcare support.

**GALLUP-** When Dr. Sriram Shamasunder, co-founder of the University of California at San Francisco’s Health, Equity, Action, Leadership Initiative, was asked if the program could bring nurses to Navajo during these trying times of COVID-19, he didn’t hesitate.

“As part of UCSF and HEAL Program we’ve been working with the Navajo Nation for five years,” said Shamasunder. “One of our goals is to be in solidarity with the Navajo people and accompany you at all times including the COVID surge.”

HEAL is a two-year fellowship for health care workers who are committed to working with disadvantaged rural communities around the world. Forty-nine health care workers in the Navajo Nation are current HEAL fellows or alumni.

The request for emergency medical nurses and critical care nurses came from HEAL fellow Dr. Adriann Begay and another

colleague, who were already on-site working at Gallup Indian Medical Center.

“It’s a program that is trying to bring equity to health especially to the underserved,” said Begay about HEAL. “So they’ve been here with the Navajo Area Indian Health Services.”

Being a part of the HEAL Program and serving in underserved areas overseas gave Begay an appreciation for what medical services the Navajo Nation has.

“When I was part of the HEAL Program I realized how lucky we are and the resources that we have,” said Begay. “To us, they may be limited here, but when you think about people in Nepal or Africa ... it gave me an appreciation for what we have here.”

On March 17, the Navajo Nation reported its first two cases of COVID-19 in Chilchinbeto community and from then the very contagious virus spread like wildfire. As of Friday night, there had been 1,540 cases of COVID-19 and 58 deaths. There are also a total of 6,473 negative test results. Some 8,978 tests have been administered, with some test results pending.

These staggering numbers, President Jonathan Nez explained, are partly due to increased testing being done, including rapid testing.

“This is not really the Navajo Nation where we are at, but a majority of the patients are Navajo,” said Nez as he met the HEAL team at GIMC Friday. “There has been an increase in positive people here in Gallup.”

McKinley County has 351 cases. Up until last Saturday, border town COVID-19 cases had been counted in the tallies released to the public each week by the president’s office, but by Monday, Navajo Health Department stated the Navajo Epidemiology Center has analyzed and distinguished cases between Navajo Nation residents and border town residents. The newly reported figures only include Navajo Nation residents.

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## UCSF - Continued

Whether or not the numbers are being reported, the surge in McKinley County has been the highest in the state of New Mexico, believed to be due in large part to the large population of homeless alcoholics, according to local authorities.

Navajo Area Indian Health Service director Roselyn Tso said during a meeting with the Navajo Nation Council's Naabik'iyati' Committee the first case of COVID-19 at the Gallup Detox Center was identified on April 8, but IHS believes there had been cases before that as early as March 30.

According to Tso, the April 8 patient may have had contact with as many as 170 people while carrying the virus.

Some of the HEAL Program nurses weren't there to meet with Nez and Vice President Myron Lizer because they were already out in the field tending to the 130 or so patients quarantined at local hotels — a move on the city's part to minimize the spread among the unsheltered.

While HEAL usually sends doctors, Shamasunder said Begay had specifically requested nurses, so they spoke to UCSF leadership in hopes they could get the nurses needed.

"In a matter of days we had a team of 21 with 14 nurses," said Shamasunder. "The goal was to be of service at this moment."

Nez and Lizer said that although promised federal aid has been slow in coming, the recent national publicity about the high number of COVID cases on Navajo has led to an outpouring of help from all over the country.

"We have partners like you all who are friends to Navajo," said Nez to the HEAL team "that have a heart for the Navajo people and we appreciate that. It's the slowness of the federal government right now, but people like you, and the doctors and nurses who have stepped up, (have) shown that with the limited resources we have, we can help one another out."

As of Friday, San Francisco had reported 38 new cases bringing its total to 1,340 with 22 deaths. The city has a population of 883,305. The low numbers are attributed to its residents sheltering in place, which was first ordered March 16. Just recently the city's mayor said this order will continue on for another month or so.

Navajo Department of Health issued a shelter-in-place order March 20, when cases on Navajo were at 14. Even with this order, and subsequent curfews, case numbers and deaths on Navajo continue to increase. The peak on Navajo is expected to happen in early to mid-May.

"We've got to continue to let our citizens know that this serious," said Nez. "They have to take it serious. People are losing their lives. They just have to listen. That's it. Stay home."

Having worked on Navajo, Shamasunder said the alarming numbers were "predictable" in the sense that the Indian Health Service has been chronically underfunded. Not to mention that the Navajo population itself suffers from morbidity such as high rates of diabetes and high blood pressure to name a few.

"When you have something like COVID, its difficult to shelter in place because you have families of 10-12 people," said Shamasunder. "All the things that makes the connectivity so beautiful on Navajo Nation, also makes it susceptible for COVID-19."

The HEAL team will dispatch nurses to Chinle, Shiprock and Tuba City in addition to Gallup. They will stay for a month to reinforce the IHS personnel at the hospitals there.

Read More at: <https://navajotimes.com/coronavirus-updates/ucsf-team-lends-hand-on-navajo/>

# Nez-Lizer Set to Lead "Operation First of the Month" to Help Protect Elders from COVID-19

WINDOW ROCK – Navajo Nation President Jonathan Nez and Vice President Myron Lizer, with coordination from the Navajo Nation Division of Economic Development and the Navajo Nation Shopping Centers, Inc., announced that all Bashas' Diné Markets on the Navajo Nation will offer special shopping hours from 6:00 a.m. to 10:00 a.m. on May 1, specifically for elders to purchase essential items to help reduce the risk of COVID-19.

The Nez-Lizer Administration will have Executive Directors and staff members at each site to help wipe down shopping carts, and help answer questions and provide guidance to elderly shoppers.

"Operation First of the Month is intended to keep our precious elders safe and close to home while they shop for essentials, such as groceries, household items, and livestock supplies. We thank the Bashas' owners and management for working together with us again this month to help our Navajo people. The virus is dangerous for our elders and individuals with underlying health conditions. Having our elders shop locally will reduce less travel to border towns and decrease the risk of exposure," said President Nez.

Bashas' Diné Market locations include:

- Chinle Bashas'
- Piñon Bashas'
- Window Rock Bashas'
- Dilkon Bashas'
- Sanders Bashas'
- Crownpoint Bashas'
- Kayenta Bashas'
- Tuba City Bashas'

Additionally, Navajo Nation Shopping Center, Inc. will be at each location, including Shiprock Shopping Center in Shiprock, N.M., and Window Rock Lowe's in Window Rock, AZ. Each store location will distribute information on COVID-19 prevention, food distributions, and homemade mask distribution sites for elders, which is coordinated by the Navajo Nation Division of Economic Development, Navajo Nation Shopping Center, Inc., and the Navajo Nation Health Command Operations Center. There will also be law enforcement presence to help regulate the flow of traffic. The Navajo Nation Division of Social Service and Department of Health will also provide additional services.

"We commend the Bashas' family and corporation and all the Navajo Executive divisions and departments for working collaboratively to create this opportunity to protect our elders. The opportunity allows elders time to shop for essentials in a comfortable and safe setting," said Vice President Lizer.

Also, consider the following guidelines to shop safely:

- Be prepared and be safe: Prepare a healthy list (fruits, vegetables, meat, cleaning supplies, and household items). Send only one person to shop. Verify local grocery store hours. Take gloves, face masks, and sanitizing wipes/spray in a disposable bag.
- Before you shop: Exit vehicle and put on gloves and face mask. Wipe down shopping cart/basket with sanitizing wipes/spray. Maintain a distance of 6ft from others.
- While you shop: Limit time in store. Buy only what you need. Shop with sight not touch. Avoid touching unnecessary surfaces (face, keys, phone, or other items).
- After you shop: Before entering vehicle: remove gloves, place in bag and dispose. Use hand sanitizer immediately after. When home, properly wash hands. Rinse all produce. Wipe down food items with soap and water or sanitizing wipes.

"We strongly encourage people to stay home and stay safe. One family member should be doing the shopping and conducting essential errands. This is for the safety and well-being of all Navajo citizens, and together we can combat the spread of the coronavirus if we comply with the Public Health Orders," added President Nez.

For more information regarding the First of the Month Shopping, please contact the Division of Economic Development at (928) 979-5208 or the Office of the President and Vice President at (928) 871-7000.



# Bulletin Board

## CONGRATULATIONS TO NAVAJO NATION ATTORNEY GENERAL DOREEN N. MCPAUL AND CONGRESSWOMAN DEB HAALAND 04.20.20

**WINDOW ROCK, Ariz.** - President Jonathan Nez and Vice President Myron Lizer congratulate Navajo Nation Attorney General Doreen N. McPaul and Congresswoman Deb Haaland (D-NM) for being selected to receive the Alumnus of the Year Award by the National Native American Law Students Association (NNALSA)!

Thank you for your great leadership and service to the Navajo people and all of Indian Country! Ahe'hee'

READ MORE AT: [https://www.facebook.com/NezLizer2018/posts/2448609252071270?\\_tn\\_=-K-R](https://www.facebook.com/NezLizer2018/posts/2448609252071270?_tn_=-K-R)

### NNALSA Alumni Awards Alumnus of the Year Award



Doreen McPaul

Attorney General of the Navajo Nation



Congresswoman Deb Haaland

## JASON MOMOA SENDS WATER TO TUBA CITY

Jason Momoa, an American actor who is perhaps best known for his roles in "Game of Thrones" and "Aquaman," sent 20,000 cans of his Mananula Pure Water to the Navajo Nation, according to Cassandra Begay, a spokesperson for Navajo and Hopi Families COVID-19 Relief Fund.

READ MORE AT: <https://www.azcentral.com/story/news/local/arizona-health/2020/04/21/coronavirus-jason-momoa-mark-ruffalo-paul-rudd-navajo-nation-covid-19/5169401002/>

## Navajo Nation applauds court decision to exclude Alaska Native Corporations from \$8 billion coronavirus relief funding

WINDOW ROCK, Ariz. — Speaker of the 24th Navajo Nation Council Seth Damon observed the first round of the legal complaint brought by 17 tribal nations, including the Navajo Nation, against the U.S. Department of the Treasury over a decision to include the for-profit Alaska Native Corporations (ANCs) in the CARES Act Tribal Stabilization Fund distributions. U.S. District Judge Amit Mehta of the U.S. District Court for the District of Columbia sided with tribal governments in the first round of the historic case. Mehta's 34-page decision disallows the distribution of a portion of the \$8 billion tribal relief fund to the ANCs.

READ MORE AT: [https://mcusercontent.com/3341677ced70eee20b6a79473/files/d4f86400-96bc-4c90-8bdf-d28dd9904dba/Navajo\\_Nation\\_applauds\\_Mehta\\_decision\\_to\\_exclude\\_Alaska\\_Native\\_Corps\\_from\\_CARES\\_Act\\_funding\\_PR.pdf?utm\\_source=PRESS+RELEASEs&utm\\_campaign=a98abefb49-EMAIL\\_CAMPAIGN\\_2020\\_04\\_28\\_03\\_39&utm\\_medium=email&utm\\_term=0\\_c3fb2c8cdc-a98abefb49-17163325](https://mcusercontent.com/3341677ced70eee20b6a79473/files/d4f86400-96bc-4c90-8bdf-d28dd9904dba/Navajo_Nation_applauds_Mehta_decision_to_exclude_Alaska_Native_Corps_from_CARES_Act_funding_PR.pdf?utm_source=PRESS+RELEASEs&utm_campaign=a98abefb49-EMAIL_CAMPAIGN_2020_04_28_03_39&utm_medium=email&utm_term=0_c3fb2c8cdc-a98abefb49-17163325)

# Bulletin Board



(PHOTO: Navajo Nation President Jonathan Nez and Vice President Myron Lizer with RADM Michael Weahkee at the IHS Headquarters in Rockville, MD on June 14, 2019.)

## **Nez-Lizer congratulate IHS Director Rear Admiral Michael D. Weahkee for being confirmed by the Senate**

**WINDOW ROCK, Ariz.** - Navajo Nation President Jonathan Nez and Vice President Myron Lizer congratulate RADM Michael D. Weahkee, MBA, MHSA for being confirmed on Tuesday, an enrolled member of the Zuni Tribe, to serve as the Director of Indian Health Service by the United States Senate. He served in the same capacity as the acting director prior to Tuesday's vote.

"On behalf of the Navajo people, I congratulate Rear Admiral Weahkee for being confirmed today. We certainly need his leadership and partnership at this time to help fight COVID-19 throughout Indian Country. We've maintained a good working relationship with him and his team to move forward on issues such as developing new health care facilities and other medical needs. We look forward to continue working together to help our communities," said President Nez.

"In addition, we look to Rear Admiral Weahkee to re-evaluate policies based on his experience, to overcome the health care disparities that are becoming more

and more apparent among tribes as the COVID-19 pandemic continues. IHS is severely underfunded every year and we look to support him and partner with him to advocate for more funding each year," added President Nez.

The IHS is the principal federal health care advocate and provider of health care services for American Indians and Alaska Natives, tasked with administering a nationwide health care delivery program that is responsible for providing preventive, curative, and community health care for approximately 2.2 million American Indians and Alaska Natives in hospitals, clinics, and other settings throughout the United States.

"We're confident that Rear Admiral Weahkee will continue working well with the Navajo Nation and other tribes. With his prior experience, we're certain he has a good understanding of the health care needs on the Navajo Nation and across other tribes. Congratulations to him and his family" said Vice President Lizer.

RADM Weahkee previously served as the Chief Executive Officer for the Phoenix Indian Medical Center, the largest federally-operated facility in the Indian Health Service. He was born in the Shiprock Public Health Service Hospital on the Navajo Nation. He began his professional health care career in the U.S. Air Force, as a Public Health Specialist.

After completing his Bachelor of Science degree in Health Care Management from Southern Illinois University-Carbondale, he left the Air Force to pursue advanced hospital administration training, receiving both his Master of Health Services Administration and Master of Business Administration degrees from Arizona State University in Tempe, Arizona.

RADM Weahkee has also served in a variety of different roles at IHS Headquarters including Executive Officer for the Office of Clinical and Preventive Services, Director of the Management Policy and Internal Control Staff office, and as the Deputy Director for Personnel Functions in the Office of Management Services, charged with management oversight of Human Resources, Commissioned Personnel Support and Program Integrity and Ethics for the Agency.

RADM Weahkee has received several public health service honors and awards, including an Exceptional Proficiency Promotion to the rank of Captain, two Outstanding Service Medals, and two IHS National Director's Awards.

READ MORE AT: <https://bit.ly/2wWNxYn>



PERSONNEL NEWS

DCD OPEN POSITIONS

POSITION TITLE	LOCATION	PAY RATE	CLOSING DATE
<b>Administrative Service Centers</b>			
Community Services Coordinator(S)	Jeddito, AZ	36,462.40	OUF
Accounts Maintenance Specialist(S)	Red Lake, AZ	25,854.40	OUF
Accounts Maintenance Specialist(S)	Klagetoh, AZ	25,854.40	OUF
Accounts Maintenance Specialist(S)	Black Mesa, AZ	25,854.40	OUF
Accounts Maintenance Specialist(S)	Forest Lake, AZ	25,854.40	OUF
Community Services Coordinator(S)	Iyanbito, NM	36,462.40	OUF
Accounts Maintenance Specialist(S)	Alamo, NM	25,854.40	OUF
Community Services Coordinator(S)	Lake Valley, NM	36,462.40	OUF
Accounts Maintenance Specialist(S)	Red Mesa, AZ	25,854.40	OUF
Accounts Maintenance Specialist(S)	Red Valley, AZ	25,854.40	OUF
Community Services Coordinator(S)	Tolani Lake, AZ	36,462.40	OUF
Accounts Maintenance Specialist(S)	Kaibeto, AZ	25,854.40	OUF

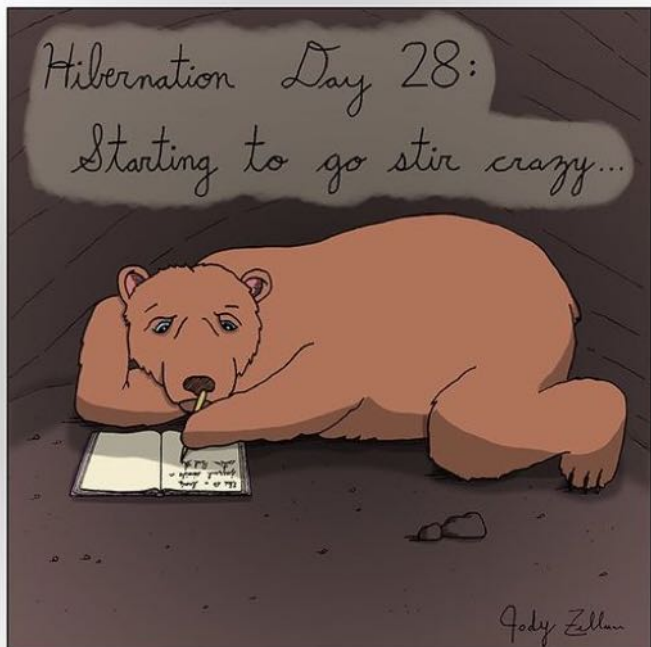
(OUF) Open Until Filled

(S) Sensitive Position (subject to background check)

Closing Dates may change due temporary reduction in non-essential Navajo Nation government services

For the most up-to-date personnel info, please visit DPM's website at <http://www.dpm.navajo-nsn.gov/jobs.html>

Comic of the Month



CartoonCollections.com

CartoonStock.com

Inspirational Quote of the Month

**BEING POSITIVE  
IN A NEGATIVE  
SITUATION IS  
NOT NAIVE. IT'S  
LEADERSHIP.**

- Ralph Marston

# Dikos Ntsaaígíí-Náhást'éíts'áadah

## SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

### Naalnii' bee ééhózinígíí

(Symptoms can include)

\*Symptoms may appear 2-14 days after exposure.



### Ts'íísniidóóh

(Fever)

### Dikos

(Cough)



### Ch'ééh jididzih

(Shortness of Breath)

If you have been in close contact with someone with confirmed COVID-19 in the past 2 weeks and develop symptoms, contact your local hospital and/or physician. Call your local hospital before you go to a hospital.

For more information:  
Navajo Department of Health  
(P) 928.871.7014  
(E) [ndoh@navajo-nsn.gov](mailto:ndoh@navajo-nsn.gov)

Website:  
<http://www.ndoh.navajo-nsn.gov/COVID-19>





# Dikos Ntsaaígíí-Náhást'éíts'áadah STOP THE SPREAD OF GERMS

HELP PREVENT THE SPREAD OF THE RESPIRATORY DISEASES LIKE COVID-19.

**Bitah dahoneezgal'ígíí  
bits'aa nanínáh**

Avoid close contact  
with people who are  
sick.



**Dílkosgo dóó  
Háts'íyaa dinígo  
Chííbee Yit'oodí  
chiiníł'í dóó Ts'íllzésh  
biłh hí'níł' biyi'jł'  
kódíłłíł'**

Cover your cough or  
sneeze with a tissue,  
then throw the tissue  
in the trash.

**Áadóó nináá' níchíłh  
dóó nizéé' t'áádoó  
bídíłniłhí**

Avoid touching your  
eyes, nose, and  
mouth.



**T'áadoole'í áłáhjł'  
chiiníł'ínígíí bíná'łjot'**

Clean and disinfect  
frequently touched  
objects and surfaces.

**Nitah honeezgaigo  
t'áá hooghandi  
sínídá t'áá hazhó'ó  
azee' naah ádoolníł'  
binílyé'go t'éiyá**

Stay home when you  
are sick, except to  
get medical care.



**T'áá nihíłá'  
t'ánínádaahgis txíłgo  
yíkqósigíí naadiindah  
alzhiñjł' bíghahjł'**

Wash your hands  
often with soap and  
water for at least 20  
seconds.



## **U.S. Department of Commerce Secretary Wilbur Ross and U.S. Census Bureau Director Steven Dillingham Statement on 2020 Census Operational Adjustments Due to COVID-19**

APRIL 13, 2020

RELEASE NUMBER CB20-RTQ.16

APRIL 13, 2020 – The 2020 Census is underway and more households across America are responding every day. Over 70 million households have responded to date, representing over 48% of all households in America. In light of the COVID-19 outbreak, the U.S. Census Bureau is adjusting 2020 Census operations in order to:

Protect the health and safety of the American public and Census Bureau employees. Implement guidance from federal, state and local authorities.

Ensure a complete and accurate count of all communities.

The Census Bureau temporarily suspended 2020 Census field data collection activities in March. Steps are already being taken to reactivate field offices beginning June 1, 2020, in preparation for the resumption of field data collection operations as quickly as possible following June 1.

In-person activities, including all interaction with the public, enumeration, office work and processing activities, will incorporate the most current guidance to promote the health and safety of staff and the public. This will include recommended personal protective equipment (PPE) and social distancing practices.

Once 2020 Census data collection is complete, the Census Bureau begins a lengthy, thorough and scientifically rigorous process to produce the apportionment counts, redistricting information and other statistical data products that help guide hundreds of billions of dollars in public and private sector spending per year.

In order to ensure the completeness and accuracy of the 2020 Census, the Census Bureau is seeking statutory relief from Congress of 120 additional calendar days to deliver final apportionment counts.

Under this plan, the Census Bureau would extend the window for field data collection and self-response to October 31, 2020, which will allow for apportionment counts to be delivered to the President by April 30, 2021, and redistricting data to be delivered to the states no later than July 31, 2021.



# Council, Census Bureau Urge Navajo Public to Apply for 2020 Census Work



WINDOW ROCK, Ariz. — Members of the Navajo Nation Census 2020 Complete Count Commission and Office of the Speaker received an update report on Monday from the US Census Bureau regarding recruitment and operations activity during the COVID-19 state of emergency.

“We know that every single person living on the Navajo Nation needs to be counted in the ongoing 2020 Census. To carry out the work of 2020 Census operations across the Navajo Nation, we want to continue to let Navajo communities know that the Census Bureau is still hiring. We’ll need all the help we can get once the COVID-19 state of emergency is lifted,” said 24th Navajo Nation Council Delegate Edison Wauneka.

“The 2020 Census field operations were suspended on March 18 due to COVID-19,” said Arbin Mitchell, area Census office manager for the 2020 Census. “When we suspended operations, 155 people were employed in the Update Leave Operation, meaning they were delivering census questionnaires with ID numbers to households.”

Following a preliminary survey of Navajo Nation households last year, the Update Leave Operation on Navajo planned to distribute 2020 Census questionnaires to approximately 77,000 housing units. When operations were suspended to protect worker health safety, Census workers had distributed questionnaires to only about 3,000 households.

Only about 4 percent of Navajo Nation households were given the information needed to answer the 2020 Census. For comparison, as of Sunday, the bureau reported that 53% of all US households already completed the questionnaire.

All 2020 Census field operations were halted just four days after they began in response to the COVID-19 pandemic. This came after a 12-month effort to develop 2020 Census recruitment efforts and extensive public outreach campaigns. Delegates and Legislative Branch staff have been presenting radio forums, print advertisements, agency reports and other forms of messaging with the goal of getting all Navajo people counted in the 2020 Census.

“Answering the 2020 Census is one of the easiest, most effective ways that Navajo people can do to positively affect our Navajo Nation for the next ten years. We have Census jobs available — we want as many people to apply as possible,” said Speaker Seth Damon.

In response to the COVID-19 pandemic, the Census Bureau began providing personal protective equipment (PPE) to Census operations employees. The Census Bureau provided the Office of the Speaker the update on PPE for workers to help reassure potential applicants that precautionary measures are in place to ensure workers are protected.

In the upcoming 2020 Census Nonresponse Followup Operation, Mitchell reported to the Office of the Speaker that 795 people were selected from applications submitted previously. Another 150 people needed to be selected before the COVID-19 outbreak, Mitchell said.

“Due to the COVID-19 pandemic, we don’t know how many of these people are still willing to work. We want to recruit more of our people so we don’t run short on the Navajo workforce for the 2020 Census,” stated Council Delegate Edison Wauneka.

To apply to work for the 2020 Census, visit the application website at [2020census.gov/jobs](https://2020census.gov/jobs).

READ MORE AT: [https://mcusercontent.com/3341677ced70eee20b6a79473/files/3ec7be83-c00f-477e-8d2f-a0e640b972f9/Council\\_Census\\_Bureau\\_urge\\_Navajo\\_public\\_to\\_apply\\_for\\_2020\\_Census\\_work\\_PR.pdf?utm\\_source=PRESS+RELEASEs&utm\\_campaign=43d614b107-EMAIL\\_CAMPAIGN\\_2020\\_04\\_28\\_08\\_55&utm\\_medium=email&utm\\_term=0\\_c3fb2c8cdc-43d614b107-17163325](https://mcusercontent.com/3341677ced70eee20b6a79473/files/3ec7be83-c00f-477e-8d2f-a0e640b972f9/Council_Census_Bureau_urge_Navajo_public_to_apply_for_2020_Census_work_PR.pdf?utm_source=PRESS+RELEASEs&utm_campaign=43d614b107-EMAIL_CAMPAIGN_2020_04_28_08_55&utm_medium=email&utm_term=0_c3fb2c8cdc-43d614b107-17163325)

## COVID-19 SIMPLIFIED FACT SHEET

- SOCIAL DISTANCING:** means not shaking hands, avoiding crowds, standing several feet away from other people, and staying home if you feel sick.  
**Why is this necessary?** The ultimate goal is to break the chain of transmission. You want to decrease the risk of infecting a lot of people at the same time. As an individual, you have a very real & important role in breaking this transmission because, for every individual who gets infected, two to three others will be affected.
- SELF-MONITORING:** might include regularly checking your temperature & watching for signs of a respiratory illness (fever, cough, shortness of breath).  
**Why is this necessary?** Say you attended a party/conference, and you found out later that someone there tested positive for the virus:
  - If you weren't near them = **SELF-MONITOR** since you're not at risk
  - If you had a long conversation with them/ that person was coughing & sneezing near you = **SELF-ISOLATE** chance you have the virus & can spread to others
- SELF-ISOLATION:** when you're sick/show symptoms of the virus (high temperature, new continuous cough).
  - if you have symptoms, stay at home for **7 days**
  - if you live with other people, they should stay at home for **14 days** from the day the first person got symptoms**Why is this necessary?** An individual who is sick can pass the virus on (to family, neighbours, or people on the bus). Some of these newly infected people may end up in hospital since they're a lot weaker, and they'll fill up a LOT of beds needed by other people (cancer patients, new-borns, car accident victims, etc).
  - Yes, you *might* have to **SELF-ISOLATE** more than once to break the chain/transmission, for example:
    - o you go into 2 weeks of self-isolation because you *thought* you had the virus
    - o Afterwards, you go out & *actually* get the virus– you **need** to self-isolate **again** to break this chain, so it's not passed on.

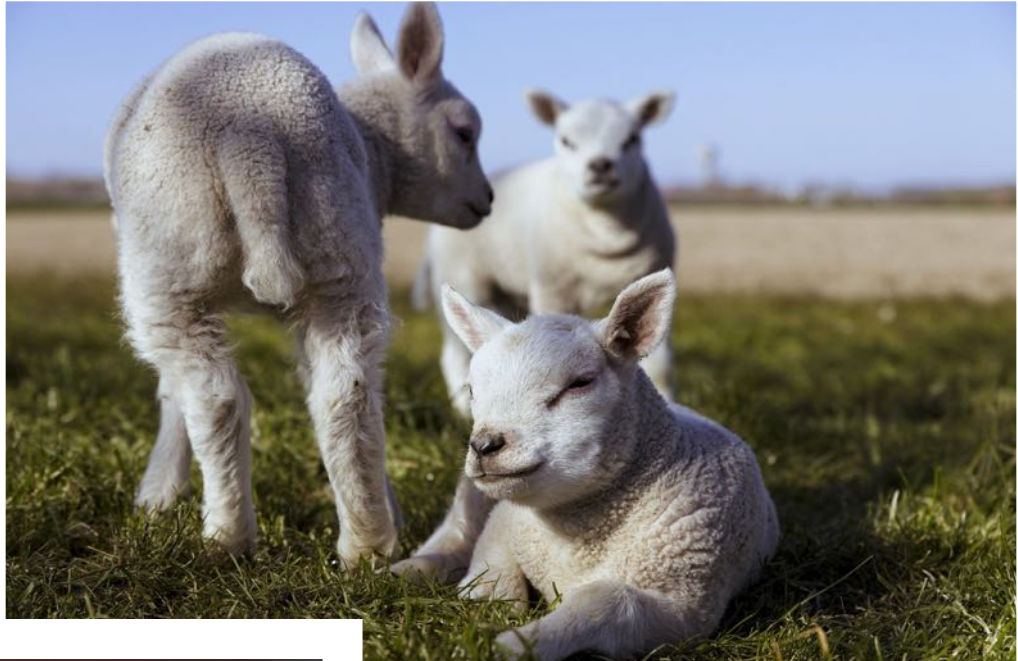
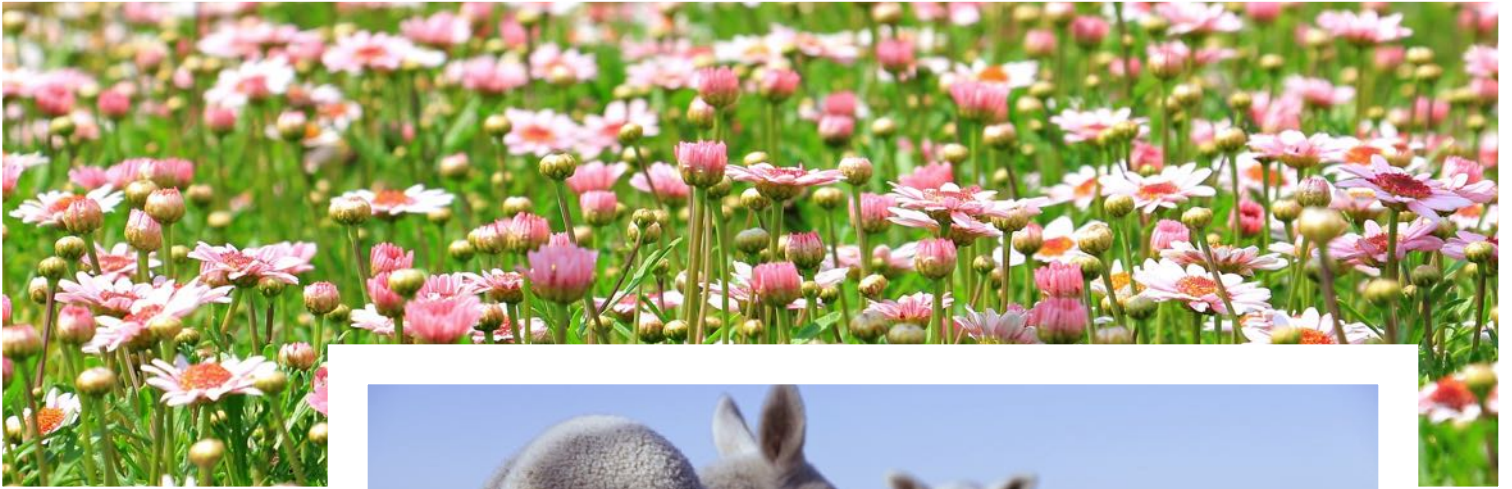
Source(s):

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://choice.npr.org/index.html?origin=https://www.npr.org/sections/health-shots/2020/03/16/816490025/quarantine-self-isolation-social-distancing-what-they-mean-and-when-to-do-them>

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